



OCTOBER

2018



Mon	Tue	Wed	Thu	Fri
F FR 1 Banana & Life Cereal Animal Crackers & Apple Juice	2 Cheerios & Raisins Oreos & Milk	Tortilla Wrap 3 & Grape Juice Pretzels/ Celery Sticks & Cream Cheese Dip	4 Graham Cracker & Yogurt Goldfish Crackers & Apple Juice	5 Cheese Wheat Toast Trail Mix & Grape Juice
8 Bagel/ Cream Cheese & Apple Juice Fruit Cocktail & Nilla Wafers	9 Apple Slices & String Cheese Cheez-It Crackers & Grape Juice	10 Mini Wheats & Milk Banana & Animal Crackers	11 Wheat Toast/Jam & Milk Applesauce & Raisins	12 Seasonal Melon & Life Cereal Cheese Slice & Crackers
15 Pear Slices & Cheerios Veggie Straws & Grape Juice	16 Raisin Toast & Milk Carrots/Ranch Dip & Ritz Crackers	17 Fruit Cocktail & Life Cereal Puffed Rice & Apple Juice	Orange Day 18 Pumpkin Cookie & Milk Orange Slices & Cheez-It Crackers	19 Tortilla Wrap & Apple Juice Pudding & Graham Cracker
22 Applesauce & Cheerios String Cheese & Wheat Thins	23 Pineapple Chunks & Life Cereal Pudding & Animal Crackers	Apple Juice & 24 Bagel/Cream Cheese Veggies & Salsa	25 Peach Slices & Mini Wheats Veggie Straws & Grape Juice	FIELD TRIP 26 Fruit Bar & Juice Box Goldfish Crackers & Apple Juice
CHAPEL 29 Mandarin O' Lantern & Puffed Rice Cucumber Slices/ Ranch Dip & Pretzels	30 Wheat Toast/Jam & Milk Fruit Cocktail & Ritz Crackers	Milk & 31 Spider Crackers Candy Corn Trail Mix & Apple Juice		

Friendly Reminders:

- NHPS observes the harvest season & the pumpkin parade. We do not celebrate Halloween. Please wear costumes for your after-preschool festivities and not to preschool. Thank you!
- October 18th is Orange Day! Please wear the color orange to preschool!
- October 26th is our Pumpkin Patch Field Trip!

Have you: signed the permission slip, signed up to drive or signed the transportation waiver, paid \$6.00 cash only.

Children must wear NHPS t-shirts & athletic shoes. Pack a sack lunch in a disposable bag & drop off your child's car seat!